LYMPHOEDEMA GARMENT DONNING & DOFFINGS AIDS

Donning & Doffing aids

These are tools designed to help individuals apply (**donn**) and remove (**doff**) compression garments more easily and safely.

Donning Aids

Slippery / Slide devices

These are silk or nylon sleeves that are placed over the limb. The compression garment is then slid over this onto the limb.
Custom made stockings will usually come with a simple foot slide.
Full size versions are also available.



Frames

The compression stocking is first stretched over the frame. The limb is then inserted through the garments.
Some have handles attached. making them easier to use.





Donning Gloves

Textured gloves improve grip and control, protect delicate compression stockings from damage, reduce hand strain. They help apply stockings smoothly and evenly, enhancing comfort and effectiveness.
Clean gardening gloves work well!





Donning & Doffing



Some aids can help with getting stockings on and off.
These are generally more expensive.

Who can these help?

These may help people who

- are overweight and have difficulty bending down.
- have arthritis or have limited hand strength.
- Back pain and unable to bend over.
- have limitations after surgery.
- may be elderly and more frail.

FMC has a small selection of these for practice. Please see your therapist if you'd like more information or to try them.

Unfortunately, we are unable to supply these to patients

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