Night Garments

WHAT ARE NIGHT GARMENTS?

Unlike day garments, night garments are a lesser compression and are often made from a softer material that can be textured.

Night garments often don't have grip tops or supports as they are designed for when people are sleeping and resting.

Night garments can be made for the arm, hand, leg, and breast.

WHO NEEDS A NIGHT GARMENT?

Some people require additional compression overnight when a garment is removed after wear at the end of the day and the swelling returns overnight despite the limb being elevated-we call this refill.

Another reason why some people could benefit from a night garment is when there are areas where tissues are firm and fibrotic and textured night garments can help to soften this tissue texture.

DO I NEED A NIGHT GARMENT?

If you are interested in trialling a night garment speak with your therapist if one may be appropriate.



